

2024-2025 Setting Description

Placement Setting: Services for the Elderly

Target Group(s):

- Seniors or retirees (Aged 50 Plus or above, with different bio-psychosocial-spiritual needs)

- Caregivers : 1) Ordinary Carers or 2) Needy Carers

Nature and Purpose of Service:

- Concepts of Care:
 - “Continuum of Care”
 - “Ageing in Place”
 - “Social & Health Integration Approach in the Care for the Aged”
 - “Successful Ageing”; “Healthy Ageing” or “Smart Ageing”
 - “Positive Ageing”
 - “Holistic Health”
 - “Quality of Life of Older Adults”
 - “Person-centered Care (VIPS)”
 - “Bio-psychosocial-spiritual model”
 - “The Transition Theory” by Afaf Ibrahim Meleis

- A. Community Care and Support Services for the Elderly,
 - District Elderly Community Centre (DECC)
 - Neighborhood Elderly Centres (NEC)
 - Day Care Centres
 - Enhanced Home & Community Care services
 - Support Team for the Elderly
 - Pilot Scheme on Community Care Service Voucher for the Elderly
 - Carer Support Service and etc.

Website for more info:

https://www.swd.gov.hk/en/index/site_pubsvc/page_elderly/sub_csselderly/

- B. Residential Care Services for the Elderly
 - Care and Attention Homes
 - Nursing Homes

- Enhanced Bought Place Scheme
- Pilot Scheme on Residential Care Service Voucher for the Elderly and etc.

Website for more info:

https://www.swd.gov.hk/en/index/site_pubsvc/page_elderly/sub_residentia/

Nature of Fieldwork Assignments and Learning Opportunities:

- A combination of casework/ groupwork/ programmes/ projects is the possible assignments for placement students.
- Student workers have a lot of chances to interact with the elderly having different bio-psychosocial needs e.g. Singleton and Doubleton Elderly; elderly living with Dementia and their caregivers; Social Isolation; Elderly loneliness; Elderly living with physical disabilities; Elderly with mental health challenge (Depression, Anxiety); Elderly with suicidal ideation; Elderly facing life-changing health challenges and their adjustment (Parkinson's Disease; Cancer; Stroke survivor etc).

Students will learn the related social/community resources to support them and their caregivers.

- Placement students are able to learn concepts and try out different care models/theories to work with the elderly facing different life events / challenges e.g. health adjustment; grief and bereavement; caregiver stress; empty nest syndrome; risk of elderly suicide. Some of the concepts/models included are person-centered approach; strength-based model; reminiscence theory; IBMS model; PERMA from Positive Psychology; Transition Theory; Stress process model; Cognitive Stimulation Therapy; Advanced Care Plan; Life Review etc
- For those targeting to work with the young old, student workers will work on Elderly Empowerment; Volunteer Development and Skills Development e.g. use of Gerontechnology
- Gain a chance to practice multi-disciplinary approach of care for the aged, working with other healthcare professionals and allied health practitioners such as nurse; occupational therapist; music therapist; art therapist.

Working Hours:

- Generally, working hours from 8:30am/9 a.m. to 5/6 p.m. (Monday to Friday) and occasionally on Saturday and Sunday for the settings of community care and support services.
- For residential settings, working hours usually from 9am to 5/6 pm. Saturday duty has to be confirmed with OIC due to a lack of social worker support on Saturdays. Worker needs to observe the routines of the homes, and the residents would usually sleep early at dusk e.g. as early as 6 p.m.
- For Part-time students: Please note that it is not a norm for placement students to work in night shift.

Special Requirement :

- Able to work in the daytime
- Be patient and possess positive mind-set
- Be able to appreciate their strengths and internal resources
- Ready to face issues such as Grief & Loss; life-challenging illnesses etc
- Be familiar with some common health conditions facing by the elderly e.g. insomnia; dementia; Parkinson Disease; 3 highs; musculoskeletal pain

Useful Websites:

www.Swd.Gov.Hk/en/index/site_pubsvc/page_elderly/

https://www.elderlycommission.gov.hk/cn/About_Us/Introduction.html

<https://www.ageing.hku.hk/>

<https://www.ln.edu.hk/apias/>

<https://www.polyu.edu.hk/apss/iaa/en/>

www.E123.Hk/

www.Cadenza.Hk/e-tools/en/index.Php

www.Ioa.Cuhk.Edu.Hk/end-of-life-care/

<https://www.hkag.org/>

<https://www.elderly.gov.hk/cindex.html>

Example of Elderly setting agency:

The Hong Kong Society for the Aged

Website: <https://www.sage.org.hk/>

Christian Family Service Center (CFSC) – Elderly Care Service

Website: https://www.cfsc.org.hk/en/service?id=b5_service_elderly

Correspondence of Setting Coordinator:

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